"DRUGS" – <u>THE IRON FISTS TO SMOOTHER</u> <u>THE YOUNG INDIAN DREAMS</u>

The present generation of India is facing a great problem - the problem of drug addiction. With every passing day the amount of youth getting addicted to drugs is increasing. The youth nowadays believe that if they do not use drugs or cigarettes or don't drink alcohol then they might not be modern. Modernity and use of drugs are often wrongly associated.

Today's youth who are the future of our country are getting addicted to drugs. Many students are getting addicted to cigarettes, tobacco, alcohol and narcotic drugs getting into hallucinations, in which they forget everything and go into a different world which feels them to be great but it is a very bad for their health. The main problem is if they use this drugs once then they feel to use it again and they get addicted to it and they use it again and again, then they come to a situation where they can't live without drugs and with the amount of drug increases and the overdose of drug kills the person, Hi's life's dreams are unfulfilled. The cigarettes use is the most. The youth considers smoking as the thing to decrease the stress but according to psychology it increases stress and moreover it kills the person because it causes cancer and kills the person. Alcohol consumption creates problems or the liver and it kills the person. So, the addiction to any of these will kill the person. The youth of the India is getting addicted to the drugs which should be stopped. Firstly, the youth's parents should advice the children not to get addicted to the drugs. In school and colleges there should be seminars and programs showing the disadvantage of using drugs and the disease causing for the consumption of drugs, alcohol and cigarettes so, the youth don't get addicted to drugs.

The government also can play a very important role in this. The government should stop the shopkeepers to sell the tobacco and cigarettes for the children's under 18 years. The narcotic drugs have been banned in our country but the drugs are sold everywhere in India, especially around the schools and colleges, so the youth are getting the drugs easily. The government should stop the availability of narcotic drugs. There should stop the availability of narcotic drugs. There should be a hard punishment for those who sell narcotic drugs.

The youth of India should have to realize the problems of getting addicted to drugs and should stop using it. The use of drugs among the youth of India should be stopped immediately or our youth will be chained in the use of drugs and no dreams of the youth can be fulfilled and the drugs and no dreams of the youth can be fulfilled. Dreams of youth disappear with the smoke of drugs.

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